

F318A



Hot and cold hammer: device with two main functions, the heat acting directly on the skin, relaxing muscles, improving, stimulating blood circulation and opening pores. On the opposite side of the transmitter, apply cold to the treated areas, the cold helps to soothe the skin, reduce redness, close pores, soothe irritation and reduce skin inflammation.

Apply the gel or toner, make upward movements for about 10 minutes.

Instructions for use

- Press "STATE" to select between cooling or heating function.
- According to your needs, set the output temperature by pressing "ENERGY" and the desired working time by pressing "TIMER".
- Press "START/PAUSE" to start treatment.

Notes

- During the first use, the hot and cold hammer will start working after 5 minutes after all settings have been made.
- After the first treatment, a 3-minute pause is required before the next treatment.
- The best ambient working temperature is 25 degrees Celsius.
- Do not block the ventilation slots of the hammer, as this may cause overheating and consequently a short circuit in the electrical system.
- After pressing the "START/PAUSE" button to start the treatment, make sure that the "-" or "+" buttons on the hammer are also pressed, otherwise the hammer will not start working.



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