



# COLOUR THERAPY

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Colour Therapy or Chromatherapy is a non/invasive procedure that activates skin cells with pulses of low/level, non/thermal light energy.

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It can be applied as a stand alone treatment, but results are best achieved when combined with other skin rejuvenation therapies such as microdermabrasion to increase blood flow and cell rejuvenation, improve the function of immune, lymphatic, nervous and vascular systems, smooth skin and fade skin discoloration.

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LIFT | TIGHTEN | TONE

CARLTON

## **i** How Colour Therapy work?

Colourtherapy is a completely holistic, non/invasive, powerful therapy to encourage the body to begin to heal itself. Also known as Chromatherapy, this process uses different colours to either stimulate the circulation and lymphatic flow, or to calm and decongest areas.

Unlike other anti/ageing treatments that only work as a result of the body's response to controlled damage, Carlton's Colour Therapy Applicator stimulates natural processes to help rejuvenate the skin & body.

By shining coloured LED light onto an area continuously, there are noticeable effects on a skin cell. When the cells change, this results in the walls of the skin's capillaries being strengthened. This leads to improved oxygenation and detoxification of the skin. Water content (hydration) is increased and the ability of the skin to retain that moisture improves, thus contributing to a general anti/ageing effect.

Each colour represents a radiation of a specific wavelength, with different molecular effects. Colours also have different speeds and rhythms. The Colour Therapy Applicator attempts to balance the energy and health of the human body using the colour with the wavelength, speed and rhythm that resonates best with a particular problem or skin concern.

## Your Results

Increases blood flow and cell rejuvenation

Improves the function of; Immune, lymphatic, nervous and vascular systems

Effective anti-cellulite treatment

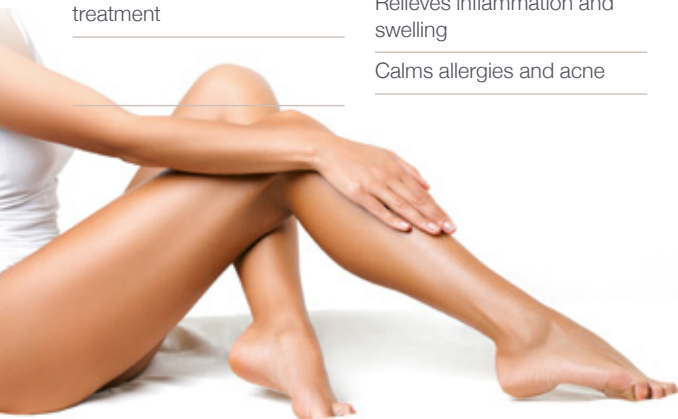
Helps to fade skin discolouration

Helps to smooth the skin

Promotes the production of new collagen

Relieves inflammation and swelling

Calms allergies and acne



## **?** FAQs

### **Is it new?**

Galvanic beauty treatments have been standard salon practices for many years. The earliest, electrolysis, made the switch from a medical procedure to a beauty treatment in the 1880s. Carlton's Galvanic machines use advanced technology to penetrate skin specific complexes deep into the skin, providing long lasting results and radically improves key skin concerns.

### **Is it painful?**

Colour therapy treatment shouldn't ever be painful. You should always discuss any concerns with your therapist before your treatment.

### **Is it suitable for me?**

Colour therapy treatment carries a few restrictions, but it is suitable for most people, male and female. Your therapist will go through a detailed consultation with you to ascertain your suitability for the treatment. However we do not recommend colour therapy for sufferers of photo sensitive epilepsy.

### **What results should I expect to see?**

Results vary, but effects should include skin texture appearing smoother, contours of the face will appear lifted, and fine lines will appear reduced.

### **How many treatments will I need?**

Individual cases differ, but as a guideline we recommend 10 to 12 treatments, taken at a rate of 2 a week to achieve best results. Maintenance treatments may follow once a month.

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